



Australian Seniors Computer  
Clubs Association

**ASCCA**

ABN 47 097 847 642



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## Take care, stay safe and keep connected!

People aged 70 and over, Indigenous Australians over 50, and anyone with a chronic medical condition are most at risk of serious illness from COVID-19. However, if you are self-isolating it does not mean you cannot stay connected! Social inclusion is an important part of club life so make sure you are still connecting with your club during this time of challenges. How are other members of your family managing? Remember to keep calling, texting or video calling them. You can call the National COVID Older Persons Information Line on [1800 171 866](tel:1800171866). This line is for seniors seeking information on the current guidelines and support available.

## ASCCA Digital Photography Competition 2020



**Here are some winners from previous competitions.  
Will it be your turn this year?**

Entries close on 1 September and apart from selecting winners in each of the seven categories a Champion Club and Champion Photographer 2020 will be selected.

Allan Mikkelsen, the Competition Convenor, has announced an exciting new aspect for the 2020 Competition; the addition of a new award. For the first time in an ASCCA Competition you can become a Judge and help to select the photographs that you think should become the People's Choice winners. This competition is open only to members of ASCCA clubs and a reminder of the categories and the full details of the conditions of entry and how to enter are attached separately. They are also available on the ASCCA website:

[www.ascca.org.au](http://www.ascca.org.au) For any queries please email: [ascca20@gmail.com](mailto:ascca20@gmail.com)

**An Anniversary! Wow!** The eSafety Commissioner celebrates five years of service to Australians.

Congratulations – what a lot has been achieved in just five years! Thank you.

The eSafety Commissioner may have begun by providing programs and support for younger Australians but the need for information, programs and resources for all age groups has become vital. ASCCA has watched for those five years as the office has empowered all Australians to have safer, more positive experiences online. Many Seniors Computer Clubs have sought to use resources and programs provided through the Be Connected Programs and some clubs have participated in the fabulous intergenerational program where high school students worked with students of their grandparents' ages with great success. ASCCA has turned to Commissioner Julie Inman-Grant or members of her staff, to speak at various ASCCA events, including our 20<sup>th</sup> Anniversary.



ASCCA participates and supports whenever possible, as gradually the eSafety Commissioner's office has embraced and helped to cater for the needs all Australians. The Internet is too good to miss but users must be aware and confident users! Have you visited the eSafety Commissioner's website? <https://www.esafety.gov.au/>



## July Online Training

<p><b>Scrabble-like App</b> </p> <p>The <i>Classic Words</i> app is a free, solo word game where you compete against the machine. Thankfully there are six levels! It includes definitions of words to increase vocabulary. It is not necessary to sign up for an account.</p>	<p>Thursday 2<sup>nd</sup> July</p>	<p>11:00 am— 12:30 pm AEST</p>
<p><b>File and Folder Management</b> </p> <p>Learn to use folders effectively so you can organize, save and find your files, as well as avoid creating multiple unintended files. Also, learn to back-up files on 'the cloud'.</p>	<p>Thursday 9<sup>th</sup> July</p>	<p>1:00 — 2:30 pm AEST</p>
<p><b>Podcasts</b> </p> <p>Podcasts cover an ever-increasing range of topics. Technology, human-interest stories and true crime podcasts are very popular. Serialized podcasts tell quite cinematic stories. Learn about podcatching apps and how to subscribe, stream podcasts and listen off-line. With earphones, podcasts can make pleasant company while walking, commuting or housekeeping.</p>	<p>Tuesday 14<sup>th</sup> July</p>	<p>1:00 — 2:30 pm AEST</p>

During the Covid-19 pandemic, the above online training will be free of charge.

As places are limited, please register early to secure your enrolment.

Email your expression of interest, include name, club and phone number to Jean Martin, [training@asca.org.au](mailto:training@asca.org.au)

The logos in this table indicates which operating systems (Windows, Apple, Android) each session relates to.

## Your Club's COVIDSafe plan

Most clubs are thinking how best to observe the common sense planning necessary to reopen their club as COVID-19 challenges are gradually being moved aside. Our members are missing the wonderful social inclusion that they enjoy when coming to your club.

We realise that COVID-19 will remain with us well into the future so we must plan ahead and that plan must include how to keep our members safe and how we will need to adapt our training and activities to suit not only our members but COVIDSafe requirements.



We must Keep our members safe:

Understand how your WHS (Work Health and Safety) risks have changed.

How to make your club COVID-19 safe.



Adapting your Club:

How to get things up and running.

Adapt your program to a new operating environment. Will you now be offering a choice of face to face and online training for instance?

This is a detailed task for your committee, but help is on hand. The National COVID-19 Coordination Commission (NCCC) has prepared a planning tool - *My business's COVIDSafe plan*. It is written for business but it can easily provide guidance as you prepare the plan for your club.

Go to <https://www.pmc.gov.au/sites/default/files/files/my-business-covidsafe-plan.pdf> to download it and have it on the table as you plan your Club's COVIDSafe plan.

# ASCCA NOTICE BOARD

Look  
Ahead!

10 & 11  
November

22nd Australian Technology Conference for Seniors

## LifeTimeLine – where you can tell your life story through photographs...

LifeTimeLine is a beautiful online space where you can create lasting lifetime stories. It's a wonderful place for you and your family to easily build a photo library, a library full of your memories of important events in your life. It is also a great way for families to help their parents, grandparents and great-grandparents share their memories.



Understanding that the use of iphones, ipads, may be limited, LifeTimeLine has been developed in a way that makes it easy to grasp and manage, building online confidence whilst providing mental stimulation and satisfaction to users in addition to enhancing communication with friends and family. Opening the door for the younger generations to spend time with their parents and grand parents, helping them to create their LifeTimeLine.

Once you have registered you are then ready to start adding Moments e.g. photos with a date and description, to your LifeTimeLine. Photos may be those taken with your mobile phone, or one of the many hard copy photos we all have stored about the house. You can add hard copy photos by simply downloading the PhotoScan app on your iphone, or by taking a photo with you iphone, then upload the photo to a Moment with a date and a description of up to 1000 characters. Once uploaded into your LifeTimeLine, it will appear in chronological order and there it will stay for you and your family members to enjoy forever. Each generation adding their own LifeTimeLine to create and grow a wonderful family history.

LifeTimeLine is FREE .... with Free registration, and Free unlimited photo uploads.

You can Register and Upload as many photos as you wish for free. If you would like to Publish your LifeTimeLine, therefore allow the public to view it when searching your name on the LifeTimeLine website, you can for free and this will show 5 Moments. You can Publish and Un-Publish at any time.

For a great example of how your LifeTimeLine can look visit the LifeTimeLine of Chester Nutting (father of LifeTimeLine's Co-founder Rawdyn Nutting) <https://lifetimeline.com/1>

1. About LifeTimeLine: <https://lifetimeline.com/about>
2. Register: <https://lifetimeline.com/register>
3. Help/Quick Start Guide: <https://lifetimeline.com/help>

If you have any questions please email: [ask@lifetimeline.com](mailto:ask@lifetimeline.com)

or contact Melissa Simmons directly on 0402 788 843, [melissa@lifetimeline.com](mailto:melissa@lifetimeline.com)

**Enjoy the process of telling your life story!**

## Stay Smart Online website is moving

The ACSC's website [www.cyber.gov.au](http://www.cyber.gov.au) will have a brand new look and feel, offering enhanced experience and functionality for users and hosting all of our valuable information and guidance in one place.

As part of the redesign, the ACSC's Stay Smart Online (SSO) program and website content will be migrated into the new website. For SSO partners, subscribers and Facebook followers, services will remain unchanged and they'll continue to receive resources, ACSC Alerts and social media posts.

The website is the ACSC's primary digital platform for individuals, businesses and government agencies to report cybercrime and cyber incidents, and to receive expert advice and guidance about cyber security.

W : [www.ascca.org.au](http://www.ascca.org.au)

FB : [www.facebook.com/ASCCAau](https://www.facebook.com/ASCCAau)

• **General Information:**

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**Pass on this issue of the ASCCA newsletter** by printing copies for distribution, or make a list of all your club members with email addresses and forward it to them.

It is of interest to each member of every club, not just Committee members.

The newsletter can also be read and/or downloaded from our website: - [www.ascca.org.au](http://www.ascca.org.au)  
You are welcome to copy items from this newsletter but acknowledgment of **ASCCA** is required.

Membership of **ASCCA** is open to all Seniors Computer Clubs, Organisations with a membership including Seniors, and organisations that recognise the value of computer technology for Seniors.

**ASCCA membership rates :**

1 - 20 members - Nil  
21 - 40 members - \$118  
41 - 100 members - \$180  
Over 100 members - \$310

All prices quoted include GST  
Corporate Membership also welcome

These fees are being waived for the 2020-21 Financial year

If your club fits one of these categories and are interested in joining **ASCCA** please go to our website [www.ascca.org.au](http://www.ascca.org.au) or email [office@ascca.org.au](mailto:office@ascca.org.au) to find out how to start a club; or read some of the advantages of joining **ASCCA** if you are an existing club. An Application Form is available on the website.

**DISCLAIMER:** This newsletter is provided "as is" without warranty of any kind. Each reader of the **ASCCA** newsletter assumes complete risk as to the accuracy and subsequent use of its contents.

**Newsletter**

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Contributions are welcome. Remember, this is **YOUR NEWSLETTER**.

Please take special note clubs outside Sydney and NSW.



## Shades of SWADE

SWADE NT Officer, based in Darwin, Ursula Lyons has been doing some great One on One training via referrals from COTA NT. As a trainer how would you respond to a call seeking assistance for an 87 years young lady having trouble converting a video to an MP4 like she has done for years, to use in the Ballroom Dance classes she is delivering One on One during lockdown?

To say there was a surprise in store is an understatement. This visit has led to an ongoing project that is now engaging with Engineering and IT departments at Charles Darwin University through their Science Outreach Officer, Darwin City Council Libraries through their STEM group coordinator and seniors program manager, The Darwin Vintage Car Club and a major Business Machine business. Together they are working towards refurbishing this device.



Can anyone GUESS what this device is?

Stay Tuned for More NT Adventures as this device goes on to be fully refurbished and shown around and about.

Ursula has also been delivering Digital Mentor training to members of the Northern Territory Genealogical Society as they gear up to remotely support what would have been their sessional influx of Grey Nomads seeking assistance with tracing their Family History in the NT.

Meanwhile the Digital Devices Grant from the Be Connected project has been approved. SWADE NT Officer, Tik is in the process of setting up the 6 new tablets purchased under this grant. These devices will be available to older people in the NT, who are in isolation and don't have their own device, internet access or the skills to maintain their connections, and will be able to be out on loan for up to 6 months. Each device has a number of very useful Apps as well as Ursula and Tik's SWADE NT Learner Support/Training for the people loaning as part of ASCCA's Be Connected Capacity Building projects in the Northern Territory.

