

Awareness is the best weapon for online security

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Memories come and go but photos are always there to remind of us where we have been and who we went with! Webmaster Drew will assist with digital photography throughout YOURLifeChoices trip of a lifetime to Beijing, Xian and Shanghai departing on 9 September.



Taking in such wonders as The Great Wall of China, Summer Palace, Temple of Heaven, Forbidden City, the Terracotta Army of Emperor Qin Shi Guang, Yu Garden and Jade Buddha Temple just to name a few, Webmaster Drew will be giving individual advice along the way to ensure each and every individual on the trip comes home with photos they are proud to show their friends and family.

For more information –
<http://catalyst.taguchimail.com/media/1/1667p.pdf>

National Cyber Security Awareness Week is an Australian Government initiative held annually in partnership with industry, community and consumer groups and all levels of government. The aim of the Awareness Week is to help Australians better understand cyber security risks and the simple steps they can take to protect themselves and their families online.



The Minister for Broadband, Communications and the Digital Economy, Stephen Conroy, together with the Attorney-General, Robert McClelland, jointly launched the Awareness Week in Canberra on 30 May.

ASCCA's main contribution to the week was the Open Forum held in Sydney on 31 May. The speakers were Jason Jacobs, Microsoft; Darren Kane, Telstra; Craig Tidmarsh, and Kate Reynolds, Microsoft; and Christine Moore, Make a Wish Foundation.

When ASCCA asked Assistant Commissioner Neil Gaughan of the Australian Federal Police for a key message for the Open Forum he responded, *Awareness is the best weapon for online security*. This set the theme for the forum.

Club members were invited to submit questions for the expert panel to answer.

What is malware? Was a question asked by several members: Malware is short for "malicious software." Malware is any kind of unwanted software that is installed without your adequate consent. Viruses, worms, and Trojan horses are examples of malicious software that are often grouped together and referred to as malware.

Another question asked was: What do I do with spam? There was a simple answer.

Ignore it!

Report it! - forward to report@submit.spam.acma.gov.au

Delete it!

It is important that you don't change the title of the email or add any content. This is because it will impact on ACMA's identification of spam trends.

These questions and others will be answered more fully on our website www.ascca.org.au

A small presentation was made to Mark Joffe who recently retired as Company Secretary and Treasurer of ASCCA. Mark became a member of the Board in 2002 and was appointed Company Secretary and Treasurer in 2005. Thank you Mark your service to ASCCA has been invaluable.

ASCCA NOTICE BOARD 2011

30 May –3 June 2011 - National Cyber Security Awareness Week

Thurs. 2 June—Telstra Connected Seniors Sessions with Peter Blasina, the Gadget Guy at Telstra Customer Experience Centre, Level 1, 242 Exhibition Street, Melbourne.

Wednesday, 16 & Thursday, 17 November 2011 - 13th Annual Computer Conference for Seniors to be held in Sydney at [Rydges World Square Hotel](#), 389 Pitt Street, Sydney.

Wednesday 16 November ASCCA Annual General Meeting & Competition Winners Announcement & Presentations - to be held at Rydges World Square Hotel at conclusion of Day 1 of the Conference - with arrangements for attendance by those not at Conference.

Computer Training for the Mature Aged.

Level LG 280 Pitt Street Sydney.

All courses limited to 10 people.

Bookings essential. For more information and course bookings please ring 02 9286 3871.

Introduction to Word 2010

Topics covered include introducing the Ribbon, the File button, mini toolbar, keyboard short-cuts, use of keys to move around a document. Using formatting tools, editing and saving documents.

Google Documents

If you are working in a computer club as a trainer and not using Google Documents the question you need to ask is "How can this help us?" Join us for a two hour workshop to look at how you can use Google Documents for such things as uploading files, creating a document, sharing and working on a document with other parties to create the desired outcome.

ASCCA Training Facility

We would like to introduce our new training room to ASCCA Club Trainers and members. This has been set up with the latest computer hardware using the NComputing Virtual Desktop system that many of you may have seen at our last two conferences. This in itself is worth a trip into the City to see how it works.

We are also offering professional affordable training sessions with experienced qualified trainers on many of the latest software programs including Windows 7 and Word 2010. Did you know that your club can use Google Documents to help share the load of writing training notes or even keep a data base of members? What about Blogging? Ever thought of running a club workshop into this topic? With many seniors travelling this is a great way for them to communicate and share photos with family and friends while away.

Have a look at our June/July program on our website www.ascca.org.au and see what is on offer. Is there something that you would like to participate in that would benefit your club's members?



ASCCA Trainers, Teresa Wilson, Sirkka Duncan and Diane Brentnall

We also offer training to seniors within the CBD and with little or no training facilities available within the city have seen a demonstrated need. If ASCCA receives any enquiries requesting the nearest accessible computer club in a certain area, as part of our policy we refer the person to an ASCCA club. ASCCA club trainers and members receive a discount price on their training; this encourages people to join an ASCCA Club since we do not have individual members.

A clear objective of the training program is to offer training for trainers and to provide an opportunity for your members to undertake courses that your club does not offer.

ASCCA can also offer tailored training courses for staff and members of other organisations.

Thanks Diane for the update.

John Steen and Don Muir



Masters Swimming Australia Inc. is the peak body and national sports organisation for adult swimmers aged eighteen years and above. Masters Swimming Australia is affiliate with FINA through Swimming Australia Ltd.



Albert (99) bonding with his great grandson with his ipad. There are 96 years between their ages!

According to Jemma Wines, *This is what it's all about. Closing the gap Staying in touch with the current generations and finding a common bond*

Masters World Record for Forest Club Member

The *FEDERATION INTERNATIONALE DE NATATION (FINA)*, has certified that John Steen, swimming in a 4 x 100 m freestyle event, has set a world record in his age group. Congratulations John. You are a shining example of how to live a full life right into the eighties. John was also a member of four man teams that won the 4 x 100 m and 4 x 25 m events at the National Masters swimming races last year, setting National records.

In another 4 x 25 m foursome, both he and Don Muir and two others (Tom Ryan and Graham Hannon) swam to victory, creating a National short Course record.

John has been a member of Forest Computer Pals for many years and won many swimming awards. According to Dick Manual, newsletter editor for the club, John is now becoming immersed in digital photography as well as water! Don also has been a member for many years, most of which time he has also been a trainer. What a pair!

Congratulations John and Don!

Welcome to S.A.N.I.T.Y.

Our newest Victorian club is S.A.N.I.T.Y (Seniors and New Information Technology). It is located in both Kingston and Bayside.

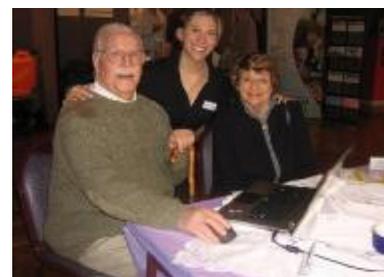
Kingston is a small town in the rural Shire of Hepburn in Victoria and is located just off the Midland Highway about 20 km from Daylesford. Kingston was once a thriving gold mining town during the Victorian gold rush and became the administrative centre of the Creswick Shire. Kingston Post Office opened on 11 October 1858. After the miners left so did the industry and in 1976 the railway station and the Creswick-Daylesford train line closed. The Kingston area with its rich red volcanic soil and good rainfall supports agricultural industries including potatoes, sheep and wheat. Kingston still retains some of its old buildings and a magnificent Avenue of Honour of elm trees dedicated to those who served in World War I.

Jemma Wines is both the President and founder of this club which began as a Broadband for Seniors Kiosk. The club actively seeks to involve all organisations that are prepared to come to the party to help seniors stay connected. Currently they are working with the DHS Disability Services.

Wintringham older peoples' outreach program (OPOP) is another of their partnerships which provides computers and lessons free of charge to help needy seniors maintain contact with the world.

S.A.N.I.T.Y is also providing subsidised private computer lessons at the Jewish Active Living Centre in Caulfield for all seniors who are interested.

Thanks Jemma.



Albert (99) and Elizabeth (85) Freeman with Jemma Wine at the 'Fun for over fifties expo' in Moorabbin.

Website www.ascca.org.au

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Membership of **ASCCA** is open to all Seniors Computer Clubs, Organisations with a membership including Seniors, and those Organisations that recognise the value of computer technology for Seniors. Cost of **ASCCA** membership is \$110 per year, including GST. Corporate Membership also welcome.

If you fit one of those categories and are interested in joining **ASCCA** please go to our website

www.ascca.org.au

or email

office@ascca.org.au

to find out how to start a club or read some of the advantages of joining **ASCCA** if you are an existing club. An Application Form is available to download.

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Contributions are welcome.

Remember this is **YOUR NEWSLETTER**. Please take special note clubs outside Sydney and NSW.

Please forward contributions by email to the editor.

Pass on this issue of the **ASCCA** newsletter by printing copies for distribution, or make a list of all your club members with email addresses and forward it to them. It is of interest to each member of every club, not just Committee members.

The newsletter can also be read and/or downloaded from our website:- www.ascca.org.au You are welcome to copy items from this newsletter but acknowledgment of **ASCCA** is required.

Windows are open Apples are in season!

Northern Beaches Computer Pals for Seniors, like most clubs, had been focused on teaching skills suited to windows based PCs.

They regularly turned away prospective students who requested Apple Mac Training because they did not have Apple Mac systems, or the adequate skills to use them or to teach.

Measures had to be taken to right this situation. The club showed some resistance to the changes needed. These concerns mainly related to the money needed to finance the purchase of equipment and the fear and uncertainty of change.

A successful grant request provided the funds to buy an Apple Mac. Training vouchers were purchased to enable existing trainers to take advantage of learning the new skills needed. This training provided new Apple trainers, who were totally converted and they even bought Mac systems for their own use at home!

Apple training started in a small way and grew rapidly. Interest among trainers spread and the need for a second Apple Mac became clear.

The success of the Apple systems attracted interest from a neighbouring club, who then acquired their own system.

A good Mac training base developed which resulted in a waiting list of eager Apple students. It is apparent that Apple Macs are becoming the systems of choice with many of our new students.

Therefore the next logical progression, has to be, the installation of more Mac systems and the encouragement of more Apple orientated trainers, while still maintaining a strong Windows core, with existing PC trainers and students.

NB: The students and trainers of the clubs will have a natural curiosity and will want to experiment, explore and try out stuff on the new Apple, so whilst encouraging such activities it would be wise to secure the integrity of the system by installing Deepfreeze. More information readily available from David Bennett, daveandnorma@mac.com

iMac with ParraPals: Seniors with Apple Macs are invited to help Parramatta Computer Pals for Seniors further develop its courses for Mac users. Why should PC users have all the fun? Beginners and computer savvy seniors welcome.

When: Friday 24 June, 1-3pm. Level 2, Council Chambers Building, Civic Place, Parramatta.

RSVP Margaret at info@parramattacps.org.au; Judy on 9871 6820.

Thanks David and Margaret.